

Helmets Save Lives

Helmets are required to
prevent serious head injuries.

NARRAGANSETT BAY WHEELMEN #9

COLT STATE PARK - MIDDLETOWN BEACHES

START: Newport Creamery/IGA - Rt. 114 Bristol

12 miles: Go to Mt. Hope Bridge, turn
around, bear right on High St.

22 miles: Cross Mt. Hope Bridge
Turn left off Turnpike Ave
to go around Bank of Newport
Left again on Rt. 138 to
Church Lane

42 miles: Do Middletown Loop

Optional Bristol Loop: Add 3 miles to
above mileages

SCENIC NOTES: Short ride goes through
Colt State Park (owned by Samuel P. Colt,
nephew of the inventor of the Colt
revolver) and Coggeshall Farm Museum.
Middle loop passes through Island Park
with sweeping views of Sakonnet River.
Long loop passes by Middletown Beaches
(2nd & 3rd), Purgatory Chasm, Norman Bird
Sanctuary and Sakonnet Wildlife Refuge.

RIDE TYPE 2

INTERESTED IN JOINING THE NBW?

Send a self-addressed, stamped envelope to:
NBW, PO Box 41177, Providence, RI 02940-
1177,

OR check the website: www.nbwclub.org
for an application.

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