

The Spoke'n Word

Volume 49, Number 5

October/November/December 2019



**Riders return — NBW The Flattest Century in the East,
Sunday, September 8, 2019
University of Massachusetts, Dartmouth**

Coming up ...

*NBW Annual Meeting and Volunteers' Banquet, October 26 (see page 3)
Annual Holiday Party, December 8 (see page 5)*

Highlights

President's column ... 1

Proposed By-Laws Amendments ... 2

Annual Meeting/Volunteers' Banquet ... 3

Annual Holiday Party ... 5

Clark Richardson ... 6

TFCE photos ... 7

Touring ... 9

Ride Schedule ... 10

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MOVING?

If you're planning to move, please change your new mailing address at your member account at lamAthlete.com as the US Post Office will not forward copies. Instructions for updating your member account are sent to you every week in the President's email. For help, contact membership@nbwclub.org

The Spoke'n Word is the official publication of the Narragansett Bay Wheelmen and is published in January, April, June, August, and October each year. Contributions must be received by the 5th of the month before the month of issue and will become the property of the newsletter. Submissions may be edited as deemed appropriate by the editor, Monica Foulkes
email: editor@nbwclub.org

MEMBERS' PASSWORD

NBW website: nbwclub.org
Members' page access (case-sensitive):
User name: mem66
Password: 2flatS

NBW email discussion list:
<http://groups.yahoo.com/group/nbwclub/>

Cover: Returning riders at the NBW TFCE, Sunday, September 8, 2019, University of Massachusetts, Dartmouth.

Photo: M. Foulkes

Want your photo in the Spoke'n Word?

The Editor <editor@nbwclub.org> welcomes your photos of our club's activities for the newsletter and our website. Photos selected for printing usually show glimpses of a typical NBW ride, i.e. ...

- Action! Try for riders moving—we like shots that tell a story. Tell me who your subjects are, if you know.
- Sharp focus—there's only so much I can do in Photoshop to sharpen your shot.

Do you have any photos of early NBW rides? I will scan and return your prints.

President's Message



TFCE

The NBW's 47th TFCE took place this year on Sunday, September 8th. We had picture perfect weather, and a splendid time was had by all. The TFCE could not happen without the help of all the volunteers. This year we had one new captain, Janice Velozo at Hixville. John Nery handled coordinating all the volunteers. A special shout out goes out to our newest team, the "Splitters". Bill McGrane and Mark Hosley. The Splitters were out on the route at the splits, making sure riders did not get lost at the splits.

Volunteers' Banquet

The Volunteers' Banquet and Annual Meeting will be taking place on Saturday 26th, 6:00 pm at the Pawtucket Country Club. All NBW Volunteers will be receiving a complimentary invitation to the event. All are welcome; non-volunteers should contact Kris Brown at nbwbanquet@gmail.com about tickets.

NBW Election

The election for the NBW Officers will take place at the Annual Meeting. All current NBW members are encouraged to vote at the election. Any current NBW member may run for office. Here is the current slate of candidates:

President – Rich Harkins
Vice President – Michelle Harkins
Treasurer – Janice Velozo
Secretary – Margaret Vigorito

Safe riding,
Ted

First-time TFCE volunteers this year were: Martha Pirone, Maurice Botelho, Patty Hathaway, Mark Hosley, AJ Pande, David Bagley, Deb Dalessio, Ron Brochu, Zachary Belanger, Bladimir Rodrigues, John Barylick, Tim Scholz, Wayne Tikkanen and Lou Schmitt.

A shout out also goes to the town of Westport which let us arrow again for TFCE. Westport stopped the use of arrows in 2015 because of excessive arrowing on town roads. Four years later the NBW was allowed to return to the use of arrows. Thank you, Westport.

The NBW asked something different of TFCE riders this year. We asked the TFCE riders to "Be mindful – it's not a race – we share the road with others". This asking seemed to resonate with riders. We had the fewest complaints about bad behavior than I can remember.



TFCE
September 8,
2019



Proposed amendments to the By-Laws

The Board of Directors propose the following amendments to the NBW By-Laws. These amendments will be put forward for members voting at the October 26, 2019 Annual Meeting. The existing text is shown. Text to be changed is displayed in "strike-through". Proposed changes and additions are in boldface/italics.

Article II, Members, Section 1. Qualifications. The members of the Association will be such persons who meet such qualifications and requirements as may be established by the Board of Directors from time to time. ***Up-to-date annual membership dues will determine if a person is a qualified member of the Association.*** The Board of Directors will be the sole judge of the qualifications of the members and its determination as to whether a person is or is not a member will be final.

Article II, Members, Section 4. Place: Notice. Meetings, annual or special, will be held at such place as is designated by the Board of Officers. ~~Written notice~~ ***Publication*** of each meeting of the members, annual or special, will be given in the members' newsletter, ***website and other electronic notification being utilized***, preceding the scheduled date of the meeting. The meeting will not be scheduled for a date earlier than 10 days after the mailing of the members' newsletter in which the notice appears.

Article III, Board of Directors and Board of Officers, Section 2. Board of Directors: Purpose. The Board of Directors will oversee the financial activities of the Association and will review the projected expenditures for the upcoming six month period and audit the actual expenditures of the prior six month period. ***The Board of Directors will also serve as an advisory board to the Board of Officers as requested by the Board of Officers.***

Article III, Board of Directors and Board of Officers, Section 4. Board of Directors: Meetings. Regular meetings of the Board of Directors will be held ***at least*** twice each year. Special Meetings of the Board of Directors may be called, and on the written request of seven directors will be called, by the President upon five days' notice. Meetings will be held at such place as is designated by the President. A majority of the members of the Board of Directors will constitute a quorum for the transaction of business and the act of a majority of the members present at a meeting will be the act of the Board of Directors.

Article III, Board of Directors and Board of Officers, Section 6. Consent votes. Any action required or permitted to be taken by the Board of Directors or the Board of Officers may be taken without a meeting if a consent ~~in writing~~, setting forth the action so taken, is signed by all the directors or officers, as the case may be.

Article IV, Officers, Section 4. Financial Controls. Expenditures of Association funds must be made pursuant to items in approved budgets. Off-budget items may be approved specifically by the Board of Officers. Expenditures up to \$1,000 may be approved by the President in an emergency but must be presented to the Board of Officers at or before its next meeting. All requests for payment must be put in writing together with the reasons for such. The Treasurer or ~~his~~ ***a*** designee shall be responsible for disbursement of all funds in accordance with the by-laws.

[The following is a proposed new Section]

Article IV, Officers, Section 5. Term Limits. ***Elected Officers will serve in their elected position for no more than five years. This rule will not apply if it will result in an elected position going unfilled.***

Article V, Committees. The Association will have such committees as the Board of Directors and Board of Officers may from time to time appoint. ***A By-Law Review Committee will be established to annually review the By-Laws to ensure compliance with RI Corporation laws and regulations and make and review recommended changes to the By-Laws.*** Chairmen of the committees will be appointed by the President with the approval of the Board of Officers.

Narragansett Bay Wheelmen
Annual Meeting & Volunteers' Dinner
Election of Officers



Saturday, October 26, 2019 at 6 pm
Pawtucket Country Club
900 Armistice Boulevard
Pawtucket, RI

All volunteers will receive an email invitation and must RSVP by October 14 to
nbwbanquet@gmail.com

If you volunteered this year but do not receive an invitation by October 6,
please email Kris Brown at the above email address.

Non-volunteers are also welcome. Please let Kris Brown know that you plan on attending. The Volunteers' Dinner is complimentary for volunteers and \$25 for everyone else. Please bring a check or cash to the banquet for non-volunteers.

NBW Wheeler Dealer

See website for latest listing

For Sale: 3 year old Brooks B-17 with Velo Orange Grand Cru 30mm setback seatpost. Well maintained. Will include remaining contents of proofide tin. \$100. Email steven.kahan1959@gmail.com or Text 401-440-1931

For Sale: Yakima bike rack. 2 attachments for auto or SUV. 4" and 7". 2/cylindrical 60" bars. 2/ 45" bike attachments ratchet rear and locking front wheel. 2/ ski attachments for 4 pairs of skis. 2/ front wheel attachments. Not brand new but all in good shape. Price \$250 or make offer. Contact: phone 401-480-2990, email rslimbird@gmail.com

Non-NBW Rides and Charity Events

See website for latest listing

Oct 6 - CRW Cranberry Harvest Century. 100, 85, 63, 52 mile rides in Southeastern Massachusetts. Start Middleboro, MA. Limited to 800 riders. After-ride party. Register in advance: www.crw.org/content/cranberry-harvest-century-2019

NBW Membership

Our membership registration and renewal process is online through imAthlete.com. Single yearly memberships (\$20) only are available (no family memberships or two-year memberships are possible).

NEW MEMBERS ONLY: Go to our website for imAthlete link: nbwclub.org/about/membership.html

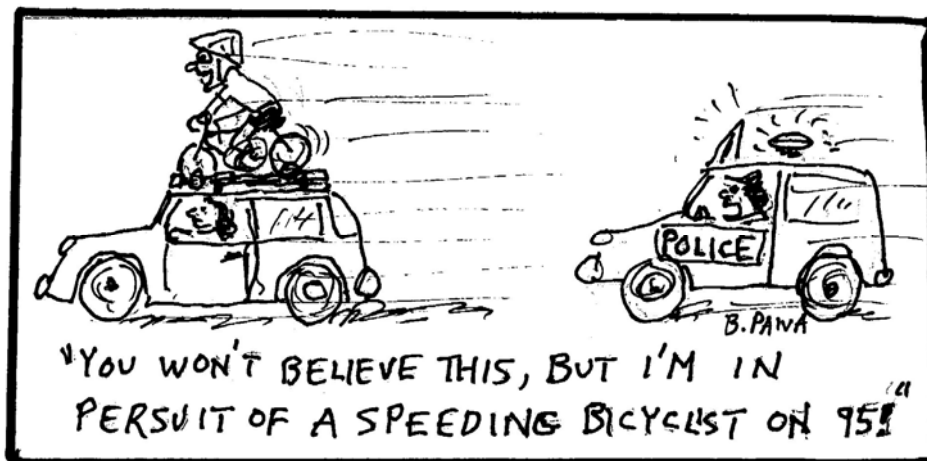
CURRENT MEMBERS: Your renewal will be automatically triggered by imAthlete.com. You will receive email from <support@imathlete.com> with a link and a code to renew your membership 30, 20, and 5 days before the expiration date, as well as 5, 20, 30 days after expiration. In addition, every week the President's email to all members gives you your membership status and your code. Use this code to make address or other changes to your account.

Questions: membership@nbwclub.org
Or see a Board member at any Sunday ride for help

GPS Files for NBW Rides

GPS files for all scheduled NBW rides are available to NBW members. You need to set up a RidewithGPS account (free) to access NBW rides then link to the NBW account; instructions and links for each week's GPS files are sent to all members every week in the President's weekly email. If you don't receive this email check that your address is correct in your member account (or sometimes your email provider may be putting it in your "spam" or "junk" folder).

Questions to president@nbwclub.org



Club Officers & Other Important People

NBW OFFICERS (Terms begin February 1)

President: Ted Shwartz, president@nbwclub.org
Vice President: John Nery, vicepres@nbwclub.org
Treasurer: Rick Schwartz, treasurer@nbwclub.org
NBW-Treasurer, PO Box 41177, Providence, RI 02940-1177
Secretary: Margaret Vigorito, secretary@nbwclub.org

NBW BOARD OF DIRECTORS

Past Presidents: Todd Wise, Janice Velozo, Ray Foulkes
Membership Secretary: Alfredo Sosa, membership@nbwclub.org,
PO Box 41177, Providence, RI 02940-1177
Rides Coordinator: Rod Breault, touring@nbwclub.org
Advocacy Chair/LAB representative: Mark Dieterich, advocacy@nbwclub.org
Volunteer of the Year 2016: John Nery
Volunteer of the Year 2017: Chip Kent
Volunteer of the Year 2018: John Stenning

OTHER CLUB FUNCTIONS

TFCE Chair: Ted Shwartz
TFCE Volunteers: John Nery
Arrowers/Paint coordinator: Mike Miller, arrows@nbwclub.org
Ride starters: Rod Breault, Paula Raposo, Ted Shwartz
Maps/rides database: Rod Breault, maps@nbwclub.org
Ride schedulers: R. Paiva, R. Silvia, J. Satterlee, D. Baldwin, T. Shwartz, R. Breault
Ride scouts: Bob Paiva, John Satterlee, Ted Shwartz
Map & GPS creator: Ted Shwartz
Ride liaison w/police depts: Steven Kahan, police-liason@nbwclub.org
Webmaster: Monica Foulkes, webmaster@nbwclub.org
E-mail discussion list moderator: Ted Shwartz
Special rides/events coordinator: open...events@nbwclub.org
NBW merchandise sales: open...sales@nbwclub.org
Social events organizer: Kris Brown, banquet@nbwclub.org
Social Tent organizer: Bladimir Rodriguez
General information: Bruce Masterson, info@nbwclub.org
Spoke'n Word editor: Monica Foulkes, editor@nbwclub.org
Contributing writer: Gary Stafford
Cartoonist: Bob Paiva



*NBW Holiday Party
to benefit Amos House*

*Sunday, Dec 8, 2019,
from 1:00 PM*

Cyndi and John Stenning have again generously volunteered to host the party, continuing this over 20 year NBW tradition, begun by Jeanne Petrarca and later continued by Patricia Lang and Keith Enos.

Help us keep up this NBW tradition ... enjoy a holiday gathering after the Dec 8 Coventry/ West Greenwich ride while making a gift to someone who will appreciate your support. Amos House, in Providence, has food, shelter and social service programs that have helped thousands of people in need.

Cyndi & John will provide the food, but asks NBW members attending to bring a dessert.

**Stop by Cyndi and John's house at
6 Hunters Crossing Drive, Coventry RI 02816**

*From the ride start at Coventry High School: Right out of school onto Clubhouse Rd
1/10 of mile turn right onto Reservoir Rd
Left at light onto Rt 3
Left on Sandy Bottom Rd (Rt 33)
Right onto Rt 117
Left onto Rt 116
Left onto Hunters Crossing Dr #6 and you're here. Less than five miles from ride start.
tel: Cyndi 401 374 7649*

I cannot attend the party but would like to make a donation to Amos House.

Name:

Address:

Amount: \$

Please make check out to **Amos House**, and
mail to Cyndi Stenning, 6 Hunters Crossing Drive, Coventry, RI 02816



Clark Richardson

NBW President
1985-1992

Some memories of Clark from ...

Ted Shwartz:

"Clark Richardson's contributions to the NBW in its early years were crucial to the club's success. He was the 4th President of the NBW, serving for 7 years.

The last time I rode with Clark was on Martha's Vineyard. We had ridden into Mememsha, and stopped for a cold drink. We then took the bike ferry over to Lobsterville. As we got off the ferry, I looked at Clark, and then I looked at Clark's helmet on the other side of the river. Clark caught my eye, saw his helmet, and with a twinkle in his eye said 'It coulda happened to anyone...' "

Don Paiva:

"When we rode RAGBRAI in 2000, Clark taught me how to ride in a pace-line. (I had never tried to ride in one because they were the fast riders). I am a 13-14 mph rider and he was much faster. There were three of us—Clark, his buddy Norm and me. After explaining about spacing of riders' tires and the rule "never overlap wheels with the rider ahead" we began with me at the back. We started slow and increased our speed to a comfortable 18 mph. I was taught when the lead rider peels out and slows to the end of the line, the next person in line to lead keeps the same pace and does not increase it. They even let me take a pull at the front for a short time."



Carleen McOsker:

"In the 90's, the TFCE century ride was not as crowded. Adamsville was the first stop and volunteers arrived at 6:30 AM. Our favorite Sag Driver was Clark. At 12:30 we finished with Adamsville checkpoint and with our boogie boards and Clark in the lead, headed to Elephant Rock Beach for a great swim and often times great rides on our boards. A little lunch etc etc and off to the business of sagging for Clark as some of us continued to enjoy the surf. We miss you Clark- thank you for your many fun contributions to our club."

Photos: Don Paiva

CALLING ALL NBW MEMBERS IN FLORIDA ...

Quite a few club members spend the winter or vacation in Florida. NBW member Burt Abrams is wondering if enough members would be interested in meeting in Florida for a ride of a day or two. Of course it's a big state, but if the idea is of interest a meeting place could be determined, depending on where most would be coming from.

Contact Burt Abrams at smarba6@gmail.com



TFCE, September 8, 2018



PB&J sandwich making the day before.
Yvan and Madison Moreira.

After watching and worrying about Hurricane Dorian all week, we were rewarded with the most beautiful weather we could have wished for ... mid seventies, dry, sunny, clear sky. It was a fast course.

Photos: M. Foulkes, J. Velozo



(left) Ted Shwartz, TFCE Organizer, talks with SAG captains Rob Price and Don MacManus.

(below) Janice Velozo and the Hixbridge checkpoint crew.



(below) Carleen McOsker, Adamsville checkpoint captain.



From the Touring Committee

Rod Breault, touring@nbwclub.org



Usually when I sit down to write this column, I look at the archive of past issues of *The Spoke'n Word* to see what has been previously written by other authors. The most common topic for this issue is the weather, so who am I to break with tradition?

I suspect that most club members will agree that we have had most cooperative weather for our rides this summer. I haven't recorded a single Sunday ride that was rained out or otherwise prevented by weather issues. Even the traditionally weather-challenged Plymouth Century experienced good weather.

Despite a threat from a hurricane (Dorian) TFCE was the beneficiary of the typical, post hurricane, high pressure system that yielded terrific riding conditions for the day.

Although I, as Rides Coordinator, have little official involvement with the TFCE, I am really pleased that the event went off without any serious hitches. After last year's "failure to launch", I think we all were concerned to get our signature ride back on track. Many thanks to all of the volunteers who worked so hard to succeed in keeping the TFCE alive and an especially big thanks to Ted Shwartz for all his work over the past years as chair of the TFCE

This summer saw the introduction of a new NBW ride, designed and arrowed by member Gary Archer. His design was intended to rectify some of the bad points of, and to replace the old Hope Valley Extra ride. Starting from the same location, the Friar Ride was a great success; many riders expressed pleasure at the new ride despite its "challenging" nature! Many thanks to Gary.

In the touring column for Oct-Dec 2017, Don Chiavaroli wrote a great deal about the use of GPS for routing our Sunday rides versus using painted arrows. GPS use has been growing among our Sunday riders. In talking with NBW members though, it seems to me that the arrows continue to be a popular and distinguishing feature of our Sunday rides; as much, perhaps, as the Sunday rides are a distinguishing feature of our Club. For that reason, the touring board has continued to support both guidance systems.

For now, at least, the current dual system seems to be working well. Even though it would seem easier to just rely on the GPS routing system via Ride With GPS, we can't really rely on routes generated by a person sitting at a desk using a computer. Road conditions change

over time and the current spate of infrastructure repair has only emphasized how important it is to have arrowers out there looking at road conditions and being sure that we can actually follow the preplanned routing. At least four rides this year needed alterations due to road construction. Without our arrowers scouting the route while painting arrows, it would have been a bad scene to have riders, following a GPS, end up at a detour designed for motor vehicles and not for bicycles! Detours aren't all bad though, sometimes we find the detour route to be better than the original design!

What is important is feedback. I like hearing suggestions from club members about alternative routing or, especially, advance warning of road conditions that might affect a ride, even if it isn't on the schedule. If you know about a change that may affect one of our rides, please let me, or another of the touring board members, know so that we can make changes to our routes or the schedule to accommodate - preferably not at the last minute!

I also think that painted arrows are used by GPS fans more than they realize. I use the RWGPS app on my phone for guidance on most rides, but still find myself looking for arrows anytime I think I have missed hearing a cue or the part of the RWGPS cue that tells me which way to turn!

GPS will continue to be an evolutionary topic in the Club. Any comments regarding the Sunday Ride guidance are much appreciated and considered by the Touring Board as the Club moves forward.

With all that said, Fall is upon us. Many of us are looking forward to cooler days of riding, though I, for one, am not quite ready to start wearing tights and long sleeve jerseys. Maybe Fall weather can last until December!

On behalf of the Touring Board, may all the Sunday rides be dry, sunny and safe. I hope to see you all out there on the road.

Remember ... Ride Safely

- Use hand/voice signals when passing other riders, turning or stopping.
- Pass other riders on their **left**, alerting them as you pass. Do not pass on the right.
- Check for arrows 150 ft **before** an intersection
- Watch for sand on the road, esp. at corners
- When you get off your bike **get off** the road. Do not stand in the road at intersections
- Eat before you are hungry and drink before you are thirsty
- Check your helmet for fit or damage
- Inspect your bike before and after each ride for worn, broken or loose parts
- Before a ride, become familiar with the map or GPS file
- Share the road with motorists and pedestrians
- Obey all traffic laws.

NBW RIDE SCHEDULE

Last minute changes are announced via our website - nbwclub.org - and our email list - <http://groups.yahoo.com/group/nbwclub/>. Informal mid-week rides are also organized via the email list.

October 6, 2019	Ray Young's Ride	12/19/23/33/55
Sunday	10:00 AM <i>Map No.</i> 120 <i>Arrower:</i> P Bissell	
<i>Route</i>	Greenville, Chepachet, Pascoag	
<i>Directions</i>	The ride will start from the back of the Anna McCabe Elementary School, 100 Pleasant View Ave (Rt 116), Smithfield RI - on the track side. Please do not park all the way down the parking lot by the High School and Baseball Fields. Directions: Rt I-295 N to Rt 44 W, turn Right on Rt. 5 and continue 1 mile North on Rt 5 (Cedar Swamp Rd), then sharp left onto Rt 116 (Pleasant View Av), then enter right at the 2nd entrance for the school complex.	
<i>Drive Time</i>	20 minutes from Providence	
<i>Description</i>	This ride, and Ray Young, are so famous that the ride is written up in Howard Stone's book, "Short Bike Rides in Rhode Island." It's a scenic, rolling ride, with plenty of apple orchards and farmland.	

October 13, 2019	Putnam Ride	15/32/66 miles
Sunday	10:00 AM <i>Map No.</i> 79 <i>Arrower:</i> P Rider	
<i>Route</i>	Putnam, Woodstock, Staffordville, MA, Pomfret	
<i>Directions</i>	Start at Putnam Shopping Center, 249 Kennedy Dr, Putnam, CT. Take Rt. 44 W into CT. About 6 miles after state line, go into Putnam Ctr, down hill to traffic light before the river, turn right on Kennedy Dr. Plaza is 0.2 miles on right.	
<i>Drive Time</i>	50 minutes from Providence	
<i>Description</i>	A challenging, but beautiful ride, mostly in northeast CT. The long ride climbs to the Hamilton Reservoir in MA, heads west to the Staffordville Reservoir, returning by Ragged Hill and Bald Hill. Carry ample food/water - few stores on the route.	

October 20, 2019	♥ Cape Caper Ride	24/40/62 miles
Sunday	10:00 AM <i>Map No.</i> 130 <i>Arrower:</i> R Edgren	
<i>Route</i>	Bourne, Falmouth, Woods Hole	
<i>Directions</i>	Start from Bourne High School, 75 Waterhouse Rd, Bourne, MA. Take I-195 E to I-25E. Cross the Bourne Bridge to the rotary on the Cape side. Go right at the rotary onto Towbridge Rd. After 3/4 mile, make a sharp left onto Waterhouse Rd (you passed the back of the school on Towbridge). The school's main entrance is on the left.	
<i>Drive Time</i>	50 minutes from Providence	
<i>Description</i>	Explore the Cape on quiet back roads. We'll follow the Buzzard's Bay shore to Woods Hole, then on to Falmouth, heading back past ponds and pine woods, finishing with a run along the Cape Cod Canal. We schedule this ride to avoid heavy summer Cape traffic but still get some great fall riding weather. The long ride crosses railroad tracks several times - take care on the acute-angled crossings. Routes have been updated by Ed Foster, our Cape Cod representative. For those who don't want to cross the boardwalk in Sandwich, a GPS route can be downloaded from the club account at Ride With GPS	

October 27, 2019	Scituate Reservoir Ride South	10/24/37 miles
Sunday	10:00 AM <i>Map No.</i> 84 <i>Arrower:</i>	
<i>Route</i>	Scituate, North Scituate	
<i>Directions</i>	Start at the town common on West Greenville Rd (Route 116), No Scituate, RI. To get there, take Route 6 West from I-295. Bear left at the fork (stay on Route 6, the business route, not the bypass). Turn right at the intersection with Route 116. The town common is about 1/4 mile up on your right.	
<i>Drive Time</i>	20 minutes from Providence	
<i>Description</i>	An old favorite ride around Rhode Island's largest lake. Somewhat hilly, with many old villages and factory-mill locations.	

November 3, 2019 **Cranberry Metric** 20/38/65 miles

Sunday 10:00 AM *Map No.* 81 *Arrower:* T Scholz

Route Lakeville, Assawompsett, Middleboro, Bridgewater

Directions Start at the Cape Roads Plaza (Staples Plaza) 600 S St. West, on Route 44 in Raynham, MA, near the junction of Routes 44 and 24. Park away from the stores.

Drive Time 25 minutes from Providence

Description Enjoy this spectacular and relatively flat ride originated by Judy Northrup, updated by Don Chiavaroli and Raul Silvia. Scenic country roads, ponds, and cranberry bogs abound throughout the ride. Long ride goes by Mattapoisett and Marion harbors.

November 10, 2019 **Taunton-Sharon Tour** 21/29/49 miles

Sunday 10:00 AM *Map No.* 92 *Arrower:*

Route Taunton, Norton, Mansfield, Foxboro, Sharon, Easton

Directions Start at BJ's Shopping Center, 2085 Bay Rd, Taunton MA. Just off Rt. 495, Exit 9. At 2nd light, turn left into lot. Please park away from the shops.

Drive Time 40 minutes from Providence

Description This is a flat, easy ride along Massapoag and Winneconnet Ponds with some nice stretches of the remaining farmland in Easton and Norton. Formerly called the Sharon Tour.

November 17, 2019 **Don & Raul's Fall River Ride** 21/33/51 miles

Sunday 10:00 AM *Map No.* 168 *Arrower:* `

Route Seekonk, Rehoboth, Dighton, Berkley, Fall River

Directions NEW START: Briarwood Plaza, 2 Olney Street, Seekonk, MA. (Corner of County St and Olney St.). Take I-195 East to Exit 8 in RI. Turn Left at end of exit onto Warren Ave. After 1/2 mile, bear left to stay on Warren Ave. Travel straight thru two traffic lights (Warren Ave becomes County St.) Briarwood Plaza is 1 mile ahead on the right. Please park away from the stores.

Drive Time 10 minutes from Providence

Description This mostly flat ride meanders through Seekonk, Rehoboth and Dighton before crossing the Taunton River into Berkley. It then heads South to Fall River, gradually climbing to the Fall River Industrial Park, where it then plummets down Wilson Rd to North Main St. A dedicated bike path takes us back across the Taunton River into Somerset on the new Veterans Memorial Bridge, and then we meander back to the start. Stop by the Rise Café in Somerset for coffee and cookies (but hurry, it closes at noon); it is one of Don and Raul's favorites! Note: there are no food/water stops on the 20/33 mile routes.

November 24, 2019 **Winter Newport Island Circuit Tour** 19/29 miles

Sunday 10:00 AM *Map No.* 64 *Arrower:*

Route Newport, Middletown, Portsmouth

Directions Start from Fort Adams State Park, off Harrison Ave in Newport, RI. Get there by going through downtown Newport along the harbor, staying on Thames St. Turn right onto Wellington Ave and follow the signs to Fort Adams. You will go past the Ida Lewis Yacht Club. Turn Right on Harrison Ave. then right again at the next stop to remain on Harrison Ave. Fort Adams entrance is on the right. Use the first parking lot on the left.

Drive Time 45 minutes from Providence

Description This is a new route of an old favorite, updated by Pete Rice, which is designed to keep us off busy roads and is especially suited to late fall and early spring rides. The short ride travels the famous Ocean Drive with its majestic bay and ocean views, and then continues up Bellevue Avenue past the mansions. The longer ride heads further up the island past Middletown's farmlands and beaches.

**Narragansett Bay Wheelmen
PO Box 41177
Providence, RI 02940-1177**

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Deadline for the next issue is Dec 5

Mailing label is your valid membership card; includes your number and expiration date
You can always check your membership number and expiration date in the Members' section of our website: nbwclub.org

Tentative Future Ride Schedule—SUBJECT TO CHANGE—comments to touring@nbwclub.org

Month	Date	Map#	Ride Title	Ride Start	Distances	Arrower
Jan	Sun 5	103	Taunton Norton	Taunton, MA	15/29	
	Sun 12	40	Worden Pond	URI Kingston	16/26	
	Sun 19	2	Barrington—REPEAT	Barrington, RI	11/17/26	
	Sun 26	141	Johnston Winter Ride	N Scituate, RI	15/30	
Feb	Sun 2	103	Taunton Norton—REPEAT	Taunton, MA	15/29	
	Sun 9	40	Worden Pond—REPEAT	URI Kingston	16/26	
	Sun 16	12	Simple Arrow Ride	Burrillville, MA	9/27	No arrows
	Sun 23	141	Johnston Winter Ride-REPEAT	N Scituate, RI	15/30	
Mar	Sun 1	149	Fish Road	Tiverton, RI	16/22/33	
	Sun 8	67	Our Lady Queen of Martyrs	Woonsocket, RI	20/28	R Breault



TFCE, Sep 8, 2019.
Little River Bridge
Your photographer (Monica) usually comes across a crowd of very tired riders stopped for a rest on Little River Bridge, but the weather this year was so perfect that all riders were speeding by, still strong and comfortable in the last 20 or so miles.