

Narragansett Bay Wheelmen

Cape Caper Ride #130

Bourne - Pocasset - North Falmouth
 Silver Beach - Woods Hole - Falmouth
 East Falmouth - Mashpee - Sandwich
 24, 40 & 62 Mile Rides

Start

**Bourne High School
 75 Waterhouse Rd
 Bourne, MA**

Route Description

A club classic updated through the years by Ed Foster. All rides start with quiet back roads along the shore to West Falmouth. The short ride returns on the Shining Sea Bike Path and inland roads. The other rides continue through the hills of Sippiwisset to Woods Hole and Pie In The Sky Bakery (not to be missed), Nobska Lighthouse and then on to Falmouth. The medium ride then returns on the Sea to Shining Sea bikepath meeting with the short ride. The long ride meanders across Cape Cod to the Sandwich Shore and the Cape Cod Bay before crossing Boardwalk Beach and finally returning along the Cape Cod Canal

Splits:

- 24 splits at 12.7 miles, turning left onto BikePath
- 40 splits at 23.6.0 miles turning left onto BikePath
- 62 follow the thick black line
- All Routes go Counter Clock Wise



NBW

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 Providence, RI
 02940

www.nbwclub.org

**Helmets are required
 to prevent serious
 head injuries**



1 mile

Long Route	
Shorter Routes	
Major Highway	
Minor Highway	
Cross Streets	