

The Spoke'n Word

Volume 52, Number 1

Narragansett Bay Wheelmen, PO Box 41177, Providence, RI 02940-1177

January 2022

nbwclub.org



NBW New Year's Day Ride, 2022

Photo: Rob Price

We thank our host, Perky Nellison, and arrower, Noel Field, for their work on this traditional ride.

NBW Ride Schedule

Rod Breault now posts our ride schedule on the NBW RideWithGPS account. You can find the link to this in every weekly email sent to all members by the NBW President. The link is also posted on our website, nbwclub.org. If any member does not receive the weekly email from the president, contact membership@nbwclub.org for help.

GPS files for all scheduled NBW rides are available to NBW members.

You need to set up a RidewithGPS account (free) to access NBW rides. Then link your account to the NBW account using the link contained in the "Welcome to the NBW" email sent to you on joining or renewing membership. Questions to: maps@nbwclub.org

New website

Our website—nbwclub.org—was redesigned in 2021. We have a new logo. Larry Rollins is our new webmaster. See page 4

Election of Officers, Annual Meeting, Dec 19, 2021

As Covid restrictions tightened because of the Omicron variant, an outdoor Annual Meeting was held before the Seekonk North Ride, December 19, 2021. The meeting was announced in previous email communications to members from the President. A quorum of members was in attendance for the very short order of business—the election of Officers.

The following Officers were elected to terms beginning February 1, 2022:

President	John Rohland
Vice-President	Ray Foulkes
Treasurer	Rick Schwartz
Secretary	Dianne Robillard



Above: John Rohland, incoming President
2/1/2022

Left: Some of the members present for the meeting.

See page 5 for the 2021 Volunteer of the Year.



Current List of Club Officers & Other Important People

NBW OFFICERS (Terms begin February 1)

President: Ted Shwartz, president@nbwclub.org
From Feb 1, 2022: John Rohland
Vice President: Ray Foulkes, vicepres@nbwclub.org
From Feb 1, 2022: Ray Foulkes continues
Treasurer: Rick Schwartz, treasurer@nbwclub.org
NBW-Treasurer, PO Box 41177, Providence, RI 02940-1177
From Feb 1, 2022: Rick Schwartz continues
Secretary: Dianne Robillard, secretary@nbwclub.org
From Feb 1, 2022: Dianne Robillard continues

NBW BOARD OF DIRECTORS

Past Presidents: Ted Shwartz, Todd Wise
Membership Secretary: Ray Foulkes, membership@nbwclub.org
Rides Coordinator: Rod Breault, touring@nbwclub.org
Advocacy Chair/LAB rep: vacant, advocacy@nbwclub.org
Volunteer of the Year 2018: John Stenning
Volunteer of the Year 2019: Dianne Robillard
Volunteer of the Year 2021: Flavio Salas

OTHER CLUB FUNCTIONS

TFCE Chair: Ted Shwartz
Arrowers/Paint coordinator: Mike Miller, arrows@nbwclub.org
Ride starters: Rod Breault, Paula Gendreau, Ted Shwartz, Pete Bissell
Maps/rides database: Rod Breault, maps@nbwclub.org
Ride schedulers: R. Paiva, R. Silvia, J. Satterlee, T. Shwartz, R. Breault, T. Scholz, Dianne Robillard
Ride scouts: Bob Paiva, John Satterlee, Ted Shwartz
Map & GPS creator: Ted Shwartz
Ride liaison w/police depts: Steven Kahan, police-liaison@nbwclub.org
Webmaster: Larry Rollins, webmaster@nbwclub.org
Special rides/events coordinator: open...events@nbwclub.org
Social events organizer: Kris Brown, banquet@nbwclub.org
Social Tent organizer: Bladimir Rodriguez
General information: Bruce Masterson, info@nbwclub.org
Spoke'n Word editor: Monica Foulkes, editor@nbwclub.org
Contributing writer: Gary Stafford
Cartoonist: Bob Paiva

www.facebook.com/narragansettbaywheelmen
Groups.io/g/nbwclub/topics

Welcome New Members

Nancy Beach
Paula Beattie
Carol Chabot
Jim Ciancaglini
Gidget Cronin
Evan Debassio
Michael Debenedetto
Javier Deras
Michael Durand
Barry Eyre
Conor Gearin
Bill Geasey
Adreanus Djohan
Emily Leslie
Lee Ann Lloyd
Rathana Long
Richard Mancini
Glenn Markley
Gary Marn
Jorge Medeiros
Lee Mullin
Kevin O'Connors
Bill Perry
Jessica Piwowarski
Scott Rider
Frederick Roses
Joseph Sanchez
Alberto Savoretti
Jeffrey Senich
Paul Simone
Nina Sparling
Amy St Amand
Carlos Tanup
Carlos Vasquez
Andrew Voorhees
Charles Windisch

NBW Membership

Our membership registration and renewal process is online through **ImAthlete.com**. Single yearly memberships (\$20) only are available.

For full details and links go to nbwclub.org and click on "[membership](#)"

Questions: membership@nbwclub.org

Changes to note

Membership Dues resume in 2022 ... Members will begin receiving alerts when their membership is about to expire. You will receive an email reminder from ImAthlete.com 30 days before your membership expires. Questions to: membership@nbwclub.org

Ride Schedule: This has moved to the NBW RideWithGPS account, maintained by Rod Breault; links to the schedule appear on our website—nbwclub.org—and in the weekly email to members from our president. This newsletter will also provide a record of the schedule in the former print format.

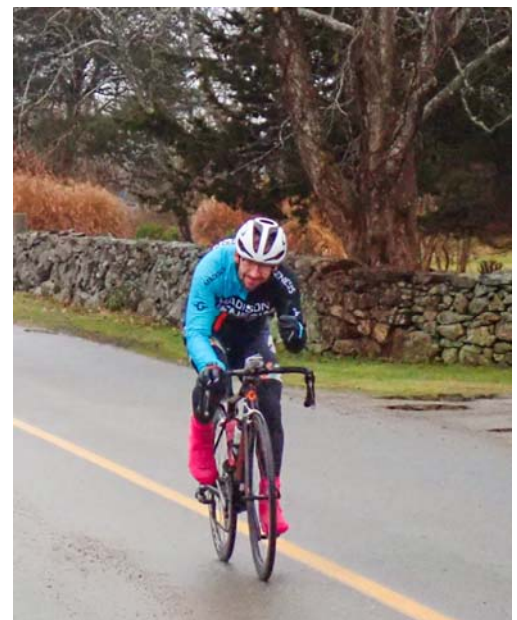
Webmaster: Larry Rollins has taken over as NBW Webmaster, and the website has been redesigned. Questions to: webmaster@nbwclub.org

New website and New logo (see page 4)

The Spoke'n Word will remain an online newsletter only; no paper copies will be mailed. This is a permanent change. Questions to: editor@nbwclub.org

Remember ... Ride Safely

- Use hand/voice signals when passing other riders, turning or stopping.
- Pass other riders on their **left**, alerting them as you pass. Do not pass on the right.
- Check for arrows 150 ft before an intersection.
- Watch for sand on the road, especially at corners.
- When you get off your bike get off the road! Do not stand in the road at intersections.
- Never call out "clear" at intersections. It is each rider's individual responsibility to decide if it is safe to cross. What is safe for you may not be safe for the rider behind you.
- Eat before you are hungry and drink before you are thirsty.
- Check your helmet for fit or damage. Take it to your local bike shop if you have any doubts.
- Inspect your bike before and after each ride to check for worn, broken or loose parts. Take it to your local bike shop if you have any doubts.
- Before a ride, become familiar with the map or GPS file.
- Share the road with motorists and pedestrians. Obey all traffic laws



Above: New Year's Day 2022—mist cleared, rain stopped, just wet roads and a mild temp made for a pleasant start this year. Rider is Dave Topham (I think).

Photo: Rob Price

Support your local bike shop

BIKEWORKS, 79 Swansea Mall Dr, Swansea, MA 02777.
508-677-0710. www.bikeworksma.com

BLACKSTONE BICYCLES, 391 Mendon Rd, Cumberland, RI 02864.
401-335-3163. blackstonebicycles.com

BRUMBLE BIKES, 49 Beach St, Westerly, RI 02891.
401-315-0230. www.brumblebikes.com

LEGEND BICYCLE, 181 Brook St, Providence, RI 02906.
401-383-3070. www.legendbicycle.com

NBX BIKES www.nxbikes.com
* 922 Boston Neck Rd, Narragansett, RI 02882. 401-782-4444

PROVIDENCE BICYCLE INC, www.providencebicycle.com
725 Branch Ave, Providence, RI 02914. 401-331-6610
337 Warren Ave, East Providence, RI 02914. 401-228-6991
150 Lambert Lind Highway, Warwick, RI 02886. 401-773-7733

SCOTTEE'S WESTPORT BICYCLE, 1125 State Rd, Westport, MA
508-636-1266. www.westportbicyclema.com (?)

SIROIS BICYCLE SHOP, 893 Landry Ave, No Attleboro, MA 02760.
508-695-6303 www.siroisbicycle.com

W. E. STEDMAN CO. 196 Main St, Wakefield, RI 02880
401-789-8664. www.stedmansbikeshop.com

TEN SPEED SPOKES, 18 Elm St, Newport, RI 02840
401-847-5609. tenspeedspokes.com

TRAVIS CYCLE INC. 1 Oak St, Taunton, MA 02780
508-822-0396. www.traviscycle.com

TREK BIKE SHOP, 414 Warren Ave, East Providence, RI 02914.
401-434-3838 trekbikes.com

UNION BICYCLE, 77 Pleasant St, Attleboro, MA 02703
508-226-4726. unioncycle.com

VICTORY CYCLES, 155 Black Plain Rd, Exeter, RI 02822
401-539-7540

YESTER'YEAR CYCLERY, 330 Hathaway Rd, New Bedford, MA 02746
508-993-2525. yesteryearcyclery.com

YOUR BIKE SHOP, 459 Willett Ave, Riverside, RI 02915
401-433-4491 And 51 Cole St, Warren, RI 02885, 401-245-9755,
yourbikeshopri.com

Current Ride Procedures:

- Riders will sign an online waiver agreeing not to participate in any NBW ride if they are ill, symptomatic, or have had a recent positive Covid test, or had recent exposure to a person with possible contagious illness or if guidelines or rules require or suggest isolation or quarantine. If you cannot agree, do not ride with us as you endanger yourself and all other riders. The link to the online waiver appears every week in the President's email to members. Once you have signed the waiver you do not need to do it again.
- Drafting and pacelines are not allowed. We are following the USA Cycling's Group Ride Recommendations related to Covid.
- Per Rhode Island guidelines: If you're not fully vaccinated, wear a mask within three feet of others outdoors to protect yourself and your household from Covid-19. Your mask should fit snugly but comfortably over your nose, mouth and chin without any gaps.
- Be aware of coughing, spitting, nose-blowing and sneezing while riding. If you are about to do any of those please make absolutely sure that no one is within the minimum distance or slipstream area.
- At this time there will be no social tent and we are asking that riders do not congregate before or after the rides in large groups. Although there are no restrictions for outdoor gatherings, there is still a 3-foot distance requirement between individuals.



NBW Website
... nbwclub.org ...

We have a new logo, a new website and a new webmaster, Larry Rollins

Members receive news about our rides every week:

The weekly NBW email broadcast to all members by the President is our main communication by which we let you know about Sunday rides, news and events. If you do not receive this weekly email

- First check your "junk" email as sometimes this broadcast to all members is mistaken for spam by your email service (flag it as "not spam").
- Or check with membership@nbwclub.org to see if the address is correct in your account.
- Or you may have checked the option not to receive any email from the club when you joined/renewed membership.

membership@nbwclub.org can help you

Thanks to our Arrowers for 2021 NBW rides

Arrower	Miles	Rides
Rob Edgren	167	4
Mike Emma	157	5
Tim Scholz	155	2
Mike Miller	131	5
Chip Kent	127	2
Dianne Robillard	102	4
Wayne Tikkanen	101	2
Brian Dalrymple	91	2
Rod Breault	88	2
Flavio Salas	83	1
Paul Rider	63	1
Pete Bissell	52	1
Don Paiva	51	2
Cheryl Bonin	49	1
Ted Schwartz	46	2
Bob Paiva	43	1
Paula Bissell	38	1
Pete Rice	36	1
John Satterlee	34	1
Pat Stark	32	1
Ray Foulkes	25	1
Brian McCalderty	23	1
Lee Sproul	21	1
Bill McGrane	21	1
Rick Schwartz	20	1
Rob Price	20	1
Jan Harbutiak	18	1
John Swyers	18	1

2021 Volunteer of the Year Flavio Salas



At the last Board Meeting long-time member Flavio Salas was elected 2021 Volunteer of the Year.

Flavio becomes a Board member for a three-year term, as Chip Kent rotates off.

Want to arrow a ride?

Mike Miller is our NBW Arrowers/Paint Coordinator. You will see him frequently at rides and can reach him to volunteer to arrow a ride by emailing him at: arrows@nbwclub.org

NBW provides the paint, map, GPS file and instructions. Arrowing guidelines are posted on our website at: nbwclub.org/resources/nbw_arrowing_guide.pdf



2022 New Year's Day Ride, Little Compton.

Photos: Rob Price



From the Touring Committee ...



First off, I want to wish all of our NBW members a Happy New Year and a sincere hope that 2022 is a better year than 2021 (or 2020). As someone said to me when I wished him this, "2021 is a low bar to surpass!"

Be that as it may, 2022 has started off well, with our traditional New Year's Day ride, hosted by Perky Nellison and arrowed by Noel Field. About 12 riders braved the wet roads of Little Compton along with 5 hikers. After the ride, we were treated to hot cider or coffee and a variety of cookies. Thanks to Perky and Noel for their efforts to get cycling in 2022 off to a great start.

Despite the continuing pandemic, it is the firm intention of the Club to continue our Sunday ride schedule, which is the heart of the Club's functions. Looking forward, our group has a ride schedule planned out until the end of May. You can view the plan by checking either the tentative ride schedule below or the Event Calendar on Ride With GPS. That Event Calendar is accessible to anyone, club member or not, by clicking on the Rides link on the Club Website and then the tab "Upcoming Rides".

On January 30 we have a new ride scheduled, **NBW 178 Rochester Winter Ride**. This is a new route, created by touring board member Tim Scholz, a resident of that area. Tim designed this ride in 2019, but we couldn't use it once our ride schedule was interrupted by Covid. Having cycled

NBW email discussion list:
[Groups.io/g/nbwclub/topics](https://groups.io/g/nbwclub/topics)

NBW Facebook:
www.facebook.com/narragansettbaywheelmen

this ride last fall, I can tell you that this is a great winter ride, though it is a beauty anytime of year. Lets keep our fingers crossed for dry weather on January 30th so we can all enjoy Tim's efforts.

Looking forward, many of the Club favorites have been scheduled for early this year, though we were unable to put together the traditional Spring Opener this year. This is, in part, another casualty of the pandemic. In past years, the Spring Opener marked the return to our regular start time of 10 AM, but this year we've chosen April 3 as the beginning of our regular starts.

Also a casualty of Covid is the TFCE. Planning for this event would normally have started late in 2021, but the recurrent surges and the uncertainty around the future of the pandemic has made it near impossible to obtain the needed commitments for venues for the TFCE. In order to continue any club activities, we are relying on the most easily modified of events, our Sunday Rides.

Although we have reached the "dark days of winter", better days are ahead. With the variability of New England weather, it's very possible that any given Sunday in Jan, Feb or March may feature daytime temperatures that suit your riding requirements. Don't hang up the bicycle for the entire winter; after all, we've had 60 degree days this past December. Maybe we'll have some more this winter.

Some club members ride all winter; join us on any Sunday that meets your personal specifications. I look forward to seeing you!

Rod

NBW Ride Schedule is on the following pages.

Tentative Schedule below is for information ... do not ride from this as changes may be made:

Apr 3, #86 Scituate Foster Ponagansett, N Scituate, 16/24/34 miles

Apr 10, #49 Great Grandma's Farm Ride, North Smithfield, 13/21/48 miles

Apr 17, #89 Seekonk South-REPEAT, Seekonk, MA 16/29/52 miles

Apr 24, #17 Chariho Tour, Wood River Junct, RI 15/25/30/47 miles

May 1, #129 Diamond Hill One, Cumberland 16/32/48 miles

May 8, #49 Great Grandma's Ride-REPEAT, Smithfield 13/21/49 miles

May 15, #113 Westerly Ride, Ashaway 26/35/50 miles

May 22, #122 Plymouth Century, Seekonk, MA 25/57/103 miles

May 29, #111 Westport, Westport, MA 13/25/44/50 miles

NBW RIDE SCHEDULE

Last minute changes are announced via our website - nbwclub.org - and our email list - <http://groups.yahoo.com/group/nbwclub/>. Informal mid-week rides are also organized via the email list.

December 26, 2021	Larry & Ted's Dartmouth Ride	12/17/32 miles	
Sunday	11:00 AM	Map No. 155	Arrower:
<i>Route</i>	South Dartmouth, Westport		
<i>Directions</i>	Start at Dartmouth High School, 555 Bakerville Rd, Dartmouth, MA. From I-195 heading east, take Exit 22 (Fauce Corner Rd, Dartmouth). Right at exit. Go 1.2 miles. Turn Left at lights onto Rt. 6 E. Go 0.2 miles. Turn Right at first light onto Tucker Rd. Go 3.3 miles to Dartmouth High School on the left (road name changes to Bakerville at 2nd stop sign).		
<i>Drive Time</i>	30 minutes from Providence		
<i>Description</i>	Ride in one of the NBW's favorite areas, covering some familiar roads in South Dartmouth and Westport. The Horseneck beach bike path shown on the map may not be used if sand obstructs. Because the Town of Westport has banned the use of painted arrows on town roads, the route in Westport will not be arrowed once it crosses the town line. To successfully navigate the Westport portion, cue sheets, maps, and RidewithGPS navigational coordinates will be provided. This route has been updated to eliminate some confusion at split points and the RWGPS files have been revised accordingly. Riders should download the latest routes from RWGPS		

January 1, 2022	*New Year's Ride	~20/30 miles miles	
Saturday	11:00 AM	Map No.	Arrower: P Nellison
<i>Route</i>	Little Compton		
<i>Directions</i>	Start Perky Nellison's home, 15 Quoquonset Lane, Little Compton, RI. From Providence take I-195 east through Fall River MA. Take exit 8A to Rte 24 S. to the Fish Rd. Exit. Turn left onto Fish Rd. Drive 1.4 miles, turning right onto Bulgarmarsh Rd. At the end of Bulgarmarsh Rd, turn left onto Rte 77 S. Drive 10 miles, turning left onto Quoquonset Lane. #15 is on the right, about 500 feet ahead. Park on shoulder of road to leave as much road space as possible. Do not block road.		
<i>Drive Time</i>	50 minutes from Providence		
<i>Description</i>	Following the old NBW tradition, Perky will devise a ride of around 20/30 miles through the Little Compton and Tiverton area for members to start the New Year off in good style. This ride will have arrows only. Coffee and donuts will greet riders upon return.		

January 2, 2022	Simple Arrow Ride	9/27 miles	
Sunday	11:00 AM	Map No. 12	Arrower: No Arrows
<i>Route</i>	Burrillville, Harrisville, Douglas, Uxbridge		
<i>Directions</i>	Start at Burrillville High School, 425 East Ave, Harrisville, RI, on Rt 107. Take Rt. 146 N. Get off at the RI 5/RI 102 exit in North Smithfield (this is the exit after Pound Hill Rd exit). Bear Right onto School St. Take quick Left onto Rt 146A, Great Rd (this will become Rt 102, Victory Highway). Go 6.0 miles. Turn Right onto Rt 107, East Ave. Go 1.0 miles to Burrillville High School, 425 East Ave, Harrisville, RI, on your left. Park behind school.		
<i>Drive Time</i>	35 minutes from Providence		
<i>Description</i>	Fascinating ride on rolling, rural terrain - so simple you don't get arrows! As an experiment, this ride was not arrowed for the last few years and weather conditions have prevented riding on some occasions. These were exactly the conditions that led to the experiment in not arrowing the ride. Such a success has led the club to repeat the process this year. Cue sheets and maps will be available at the start and, as always, GPS files for this ride will be available on line, but the ride will not be arrowed.		

January 9, 2022 ♥ **Triboro Tour** 18/29 miles

Sunday 11:00 AM *Map No.* 66 *Arrower:*

Route Plainville, Foxboro, Mansfield, Norton

Directions Start at the Beatrice H. Wood Elementary School, 72 Messenger St (Rt. 106), Plainville, Ma 02762. Take Rt. 95 N to Exit 5 (Rt. 152 Attleboro/No Attleboro). Turn right off the exit onto Toner Blvd. Go .1 mile and turn Left on Rt. 152. Go 3 miles. Turn Right on Rt. 106 (Messenger St) and turn left into the parking lot of the SECOND school.

Drive Time 20 minutes from Providence

Description This ride is relatively flat and passes by several ponds and some lakes on old Massachusetts roads. You'll ride through the Gilbert Hills State Forest to Foxboro and past the remaining farmlands of Mansfield. Long route circles Norton Airport and the Norton Reservoir. Our new start is east of Rt 152 so you will be happy to learn that eliminates the climb back to our old start.
This ride will be repeated Feb 13.

January 16, 2022 ♥ **Barrington Ride** 11/17/26 miles

Sunday 11:00 AM *Map No.* 2 *Arrower:*

Route Barrington, Seekonk

Directions Start at Barrington High School (220 Lincoln Ave, Barrington,RI), Upland Way parking lot, Barrington, RI. Take the Wampanoag Trail (Rt. 114) to Rt. 103. At the intersection of Rt. 103 and Federal, where there is a large white church on the left, turn right on Federal. Take first left on Upland Way. The school is on your left after you make the turn.

Drive Time 20 minutes from Providence

Description This ride crosses the Barrington River and heads north into Seekonk along the Palmer River. Returning south to Barrington, we pass Barrington Beach, the Rhode Island Country Club, Nayatt Point, Echo Lake and Bullocks Cove. If you omit Rumstick Point, your mileage will be about 3 miles less.
This ride repeats on February 20.

January 23, 2022 ♥ **Jonnycake** 16/24 miles

Sunday 11:00 AM *Map No.* 42 *Arrower:* J Satterlee

Route Kingston, Usquepaugh, Shannock

Directions URI, Kingston, RI. Take the left exit off of I-95 S to Rt 4. Rt 4 eventually merges with Rt.1. Continue south on Rt 1 and turn right on Rt 138 WEST for about 4.5 miles, going through the light in Kingston. GO PAST the first entrance to the URI athletic parking (we've been asked not to park in that lot) - 1/10 mile past the electronic sign, turn right on West Independence Way (after a low red brick building and before the Hall of Fame]. Go around back of brick building to the parking lot by the soccer fields.

Drive Time 45 minutes from Providence

Description This ride travels through the rural countryside of southern RI, following numerous back roads through farmlands, woods, towns, and turf farms. A good tourist stop is the Kenyon Grist Mill in Usquepaugh which grinds corn meal into jonnycake ("journeycake") flour.

January 30, 2022 ♥ **Rochester Winter Ride** 16/29 miles

Sunday 11:00 AM *Map No.* 178 *Arrower:*

Route Rochester, Middleboro, Lakeville

Directions Start at the Rochester Memorial School, 16 Pine St. Rochester, MA. From I 195, take exit 24B, Rte 140 North in New Bedford. Take Exit 7 for Braley Road. Turn left onto Acushnet Ave then the second right onto Peckham Rd. After 1.0 miles, turn left onto Lake St. At the end of Lake St., turn right onto MA 105 S. Continue onto MA 105 S at the next left. After approx 1.5 miles, turn left onto Pine St. The school will be on the right.

Drive Time 50 Minutes from Providence

Description This ride was developed by club member Tim Scholz for a winter ride, when we are all looking to get out the house and enjoy an easy ride. Riders will travel past ponds and cranberry bogs and lots of rock walls, while using some roads from the old Lakeville ride, but in the opposite direction. Despite its name, this ride is lovely anytime of the year.

February 6, 2022 ♥ **Fish Road** 16/22/33 miles

Sunday 11:00 AM *Map No.* 149 *Arrower:* M Emma

Route Tiverton, Sakonnet

Directions Start at the commuter parking lot, 970 Fish Road, Tiverton, RI. Take I-195 E to Rt 24 S to the Fish Road exit. Take a right turn off the exit; parking lot is on the right.

Drive Time 35 minutes from Providence

Description Gentle ride through the Tiverton area overlooking Mount Hope Bay, bringing echoes of longer summer (and TFCE) rides on these favorite NBW roads.

February 13, 2022 ♥ **Triboro Tour-REPEAT** 18/29 miles

Sunday 11:00 AM *Map No.* 66 *Arrower:*

Route Plainville, Foxboro, Mansfield, Norton

Directions Start at the Beatrice H. Wood Elementary School, 72 Messenger St (Rt. 106), Plainville, Ma 02762. Take Rt. 95 N to Exit 5 (Rt. 152 Attleboro/No Attleboro). Turn left off the exit onto Toner Blvd. Go .1 mile and turn Left on Rt. 152. Go 3 miles. Turn Right on Rt. 106 (Messenger St) and turn left into the parking lot of the SECOND school.

Drive Time 20 minutes from Providence

Description This ride is relatively flat and passes by several ponds and some lakes on old Massachusetts roads. You'll ride through the Gilbert Hills State Forest to Foxboro and past the remaining farmlands of Mansfield. Long route circles Norton Airport and the Norton Reservoir. Our new start is east of Rt 152 so you will be happy to learn that eliminates the climb back to our old start.
This ride is a repeat of the Jan 9 ride.

February 20, 2022 ♥ **Barrington REPEAT** 11/17/26 miles

Sunday 11:00 AM *Map No.* 2 *Arrower:*

Route Barrington, Seekonk

Directions Start at Barrington High School (220 Lincoln Ave, Barrington,RI), Upland Way parking lot, Barrington, RI. Take the Wampanoag Trail (Rt. 114) to Rt. 103. At the intersection of Rt. 103 and Federal, where there is a large white church on the left, turn right on Federal. Take first left on Upland Way. The school is on your left after you make the turn.

Drive Time 20 minutes from Providence

Description This ride crosses the Barrington River and heads north into Seekonk along the Palmer River. Returning south to Barrington, we pass Barrington Beach, the Rhode Island Country Club, Nayatt Point, Echo Lake and Bullocks Cove. If you omit Rumstick Point, your mileage will be about 3 miles less.

February 27, 2022 ♥ **The 'Ville' Ride** 20/28 miles

Sunday 11:00 AM *Map No.* 11 *Arrower:*

Route Burrillville, Harrisville, Mapleville

Directions Start at Burrillville High School, 425 East Ave, Harrisville, RI, on Rt 107. Take Rt. 146 N. Get off on School St exit in North Smithfield (this is the exit after Pound Hill Rd exit). Bear Right onto School St. Take quick Left onto Rt 146A, Great Rd (this will become Rt 102, Victory Highway). Go 6.0 miles. Turn Right onto Rt 107, East Ave. Go 1.0 miles to Burrillville High School, 425 East Ave, Harrisville, RI, on your left. Park behind school.

Drive Time 35 minutes from Providence

Description Pascoag Reservoir, Wilson Reservoir and many waterfalls are visible on the ride. Some bumpy downhills.

March 6, 2022 **Worden Pond** 16/26 miles

Sunday 11:00 AM *Map No.* 40 *Arrower:*

Route Kingston, Tuckertown

Directions Start at Univ of RI, Rt 138, Kingston, RI. Take the left exit off of I-95 S to Rt 4. Rt 4 eventually merges with Rt.1. Continue south on Rt 1 and turn right on Rt 138 WEST for about 4.5 miles, going through the light in Kingston. GO PAST the first entrance to the URI athletic parking (we've been asked not to park in that lot) - 1/10 mile past the electronic sign, turn right on West Independence Way (after a low red brick building and before the Hall of Fame]. Go around back of brick building to the parking lot by the soccer fields.

Drive Time 40 minutes from Providence

Description This scenic tour of South County goes by Worden's Pond and historic Kenyon's Grist Mill. Caution on Shannock Rd, just before Rt.2 (watch curves and sand).

March 13, 2022 **Walpole Dover** 15/28 miles

Sunday 11:00 AM *Map No.* 109 *Arrower:* T. Scholz

Route Walpole, Medfield, Millis, Sherborn, Dover, MA

Directions Start from the Municipal Parking Lot, behind the Fire Station at 20 Stone St. Walpole, MA in the center of Walpole MA. From the south, take Rt. 95 N to exit 9 (Rts 1 & 27, Walpole exit). Bear right off the exit onto Rt. 1N for 1.1 mi. Go Left at the light onto Rt. 27. Stay on Rt.27 for 1.7 mi until approaching the junction with Rt 1A in Walpole. Just before that light take a left on Stone St. street (there's a "Public Parking" sign at the turn). You'll see the parking area on the right, behind the shops on Rt.1A and the Fire Station.

Drive Time 40 minutes from Providence

Description Lovely ride around small towns and farms south and west of Boston, crossing the Charles River a couple of times on surprisingly rural roads. Ponds, marshes, lots of horses and a few cows to be seen. Expect a few little hills but nothing major. At this time of year watch out for potholes on the little roads in the Charles River watershed area.

March 20, 2022 ♥ **Seekonk Southern Ride** 16/29/52 miles

Sunday 11:00 AM *Map No.* 89 *Arrower:*

Route Seekonk, Rehoboth, Somerset

Directions Start at Seekonk High School, 261 Arcade Avenue between Rts 44 and 152 in Seekonk, MA. Take 195E to Exit 1 (in MA) and bear left off exit onto Rt. 114A. Go past the ShowCase Cinemas, past the traffic light, and stay to the right at the fork onto Arcade Ave. Go straight through the next light and the school is about 1 mile up on your left. Please park near the tennis courts. School officials have asked that we not park near the main entrance. Good will on the part of the school department will allow us to continue to use this convenient ride start.

Drive Time 10 minutes from Providence

Description This easy ride passes by the remaining farms of Seekonk, Rehoboth, Dighton and Somerset. Ride extended by Bob Paiva .

March 27, 2022 ♥ **Rochester-Middleborough** 15/31/48 miles

Sunday 11:00 AM *Map No.* 182 *Arrower:* D Robillard/M Miller

Route Rochester, Middleboro, Lakeville

Directions Start at the Old Colony Regional Vocational Technical School 476 North Ave, Rochester, MA. From I 195, take exit 24B, Rte 140 North in New Bedford. Use exit 10 to turn left onto Chace Rd. Take the second exit at the rotary onto Mason Rd. In 0.8 miles, turn left onto Middleboro Rd. In 1.2 miles, continue straight onto Morton Rd. (Morton Rd. becomes North Ave. after crossing MA 105). The Vocational School is 3.0 miles ahead on the right.

Drive Time 50 minutes from Providence

Description Flat, easy ride along the cluster of ponds in the area between New Bedford and Middleboro. This ride is basically the Lakeville, or Land-O-Lakes ride, an old club favorite. There's nothing wrong with the old start location, and we may return there, but we wanted to try out this location just to see if we could add something new to the ride. This area is noted for its lakes, ponds and cranberry bogs.
