



Splits: In North Smithfield 26 Mile ride stays on Rt. 104 and 57 Mile forks right on Pond House Road

Helmets are required on all NBW rides.
To become an NBW member go to "nbwclub.org" and fill out form.

Narragansett Bay Wheelmen Map #165 Bladi B-Day Ride

Start at 9 Riverside Dr. Lincoln RI. Park on neighborhood streets From Providence: Take Rt. 146 N to Breakneck Hill Rd. (RT 123). go right past Lincoln Woods State park then take left on River Road. Go approximately 0.5 miles and take right onto Sprague Ave. Then left on Grove then right on Willow Way. House is at corner of Riverside Dr. and Willow Way.