

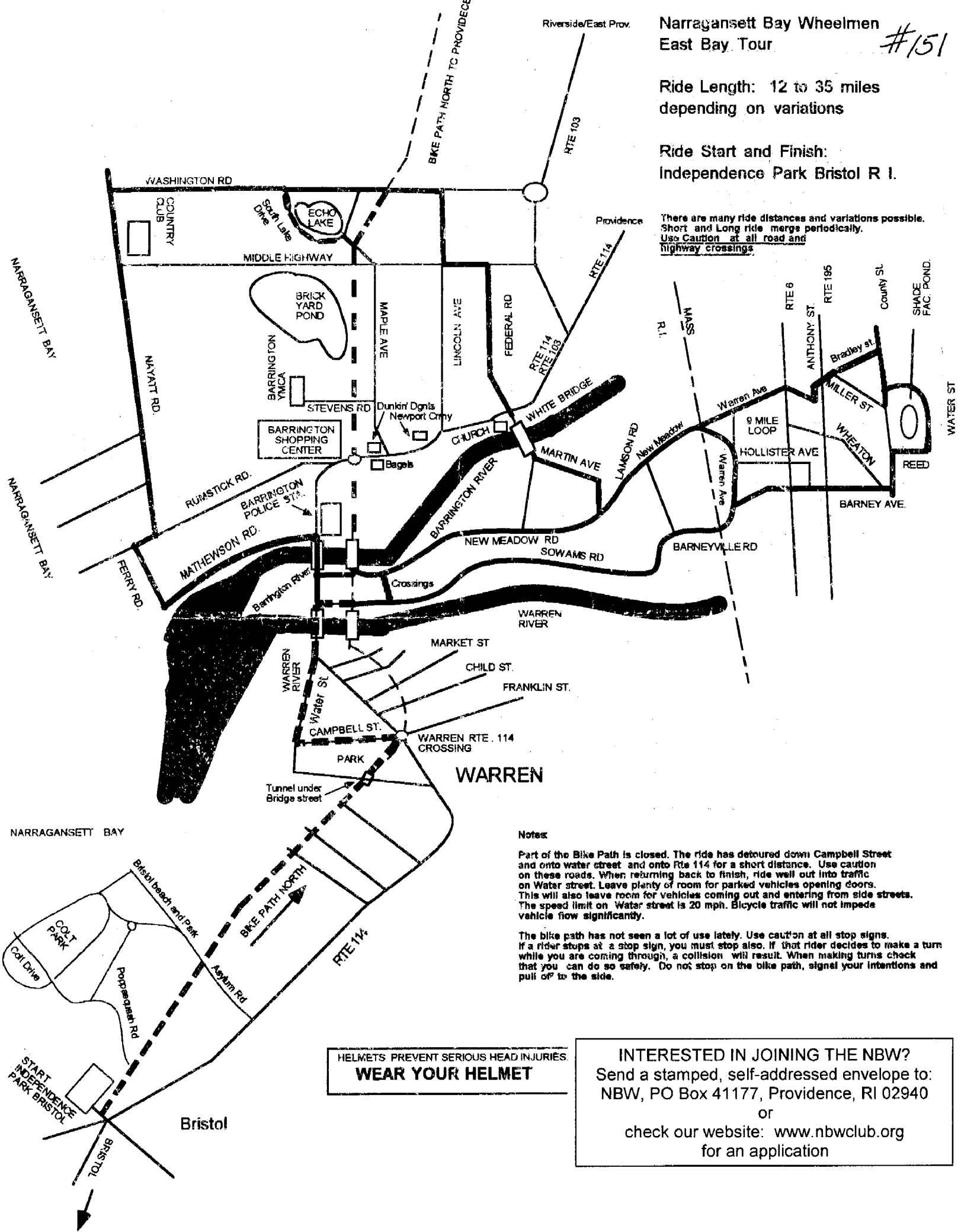
**Narragansett Bay Wheelmen
East Bay Tour**

#151

Ride Length: 12 to 35 miles
depending on variations

Ride Start and Finish:
Independence Park Bristol R I.

There are many ride distances and variations possible.
Short and Long ride merges periodically.
Use Caution at all road and
highway crossings



Notes:

Part of the Bike Path is closed. The ride has detoured down Campbell Street and onto water street and onto Rte 114 for a short distance. Use caution on these roads. When returning back to finish, ride well out into traffic on Water street. Leave plenty of room for parked vehicles opening doors. This will also leave room for vehicles coming out and entering from side streets. The speed limit on Water street is 20 mph. Bicycle traffic will not impede vehicle flow significantly.

The bike path has not seen a lot of use lately. Use caution at all stop signs. If a rider stops at a stop sign, you must stop also. If that rider decides to make a turn while you are coming through, a collision will result. When making turns check that you can do so safely. Do not stop on the bike path, signal your intentions and pull off to the side.

**HELMETS PREVENT SERIOUS HEAD INJURIES.
WEAR YOUR HELMET**

INTERESTED IN JOINING THE NBW?
Send a stamped, self-addressed envelope to:
NBW, PO Box 41177, Providence, RI 02940
or
check our website: www.nbwclub.org
for an application

Ride 1 Long Ride 34 Miles

Start on Bike Path North
Continue through Warren
Right onto Sowans Rd in Barrington
Right onto Barneyville Rd
Right onto Warren Ave
Right onto Hollister Ave
Continue across Rte 6 (caution)
Right onto Old Fall River Rd.
Left onto Barney Ave (cross Over Rt 195)
Left onto County St
Right onto Reed St.
Left onto Water Street
Right onto County St.
Left onto Bradley St
Right onto Miller Street
Right onto Anthony Street
Cross Rte 6
Ride on RTE 6 for approx. 0.1 miles
Observe lights
Right on to Warren Ave.
Bear Right on to New Meadow Rd.
Right onto Lamson (short ride goes
straight on ahead along New Meadow Rd.)
Left onto Martin Ave
Right turn and continue over White Bridge
Continue at Light Across Rte 114/103 on
to Federal St
Left onto Middle Highway
Right onto Lincoln
Left onto Washington
Continue onto Washington (short Ride takes left off Washington)
Left turn onto Nayatt
Right onto Rumstick
Left on to Ferry Rd
Left onto Mathewson (along Barrington
Warren River)
Right onto County Rd Barrington Rte.
103/114 (caution road has been dug up)
Go over first bridge (on Rte 114/103) Barrington River
Continue on County Road over second Bridge (Warren River)
County Road (Barrington) becomes Main St. (Warren)
Right onto Water Street
Left onto Campbell Street
Right onto bike path
Continue on bike path into Bristol
Right on to Asylum Rd and bear left and enter Colt State park
Continue around through park
Right on to Colt Drive
Left on to Poppasquash Rd. (travels along Bristol harbour)
Right on to bike path to finish. (Independence Park)

There are many variations of this ride as the long and short ride merge often. Also you can continue on the bike path North to Providence. (13 miles, 26 round trip) or you can combine other rides into other areas. Explore if you wish to. Just remember to go south on bike path to finish. Many stops along way in Warren and Barrington for food, etc.

25 miles

Ride 2

Start on bike path (north)
Continue to Warren
Left onto Campbell Street
Right onto Water Street
Left onto Main Street (Rte 114 / 103
Over First Bridge (Warren River)
Main Street Rte 114/103 becomes County Rd
Barrington
Right on to Sowans in Barrington
Right onto Barneyville Rd
Left onto Warren Ave
Left onto New Meadow Rd.
Continue on New Meadow Rd
Take Right onto bike path (north)
Continue on bike path
Left onto South Lake Drive
Bear right at end of South Lake Drive
Right onto bike path (south)
Right turn onto New Meadow Rd
Left turn onto County Rd.
Continue over first bridge to Warren
County Rd (Rte 114/103) becomes Main St
Warren.
Right onto Water Street
Left onto Campbell Street
Right onto bike path at junction of
Campbell / Main St (Warren)
Continue on bike path to Bristol
Right into Colt Park on Asylum Rd.
Continue through Park
Right onto Colt Drive
Left onto Poppasquash
Right on to bike path
Continue on bike path to finish
At Independence Park.

Bike Path Connections: (Alternate to Water Street around Barricade and Construction)

If you want to ride the bike path through Warren. If you have inexperienced younger riders, you can continue on the bike path instead of taking left at Campbell St. However, at the barricade in Warren you will have to get off your bike and cross the grass to the left of the bike path and take one of the side streets up to Rte 114/103 and walk your bike along the sidewalk (Rte 114/103 (Main St. and County Rd. Warren/ Barrington) over the first bridge (Warren River) and take right onto Sowans Road. Ride Sowans until you see a NBW arrow with a B.P. Follow this the B.P. arrows to New Meadow Rd. and the bike path. You can also continue on sidewalk along County Rd to New Meadow Rd. Take New Meadow Rd. and bike path is on left about 100 feet.

Ride Variations:

There are many ride variations. You can skip the 9 mile loop in to Rehoboth and Seekonk, MA, and follow the short ride to Lamson Rd. Take Lamson and follow the long ride the rest of the way. This gives you a 26-27 mile ride.

An additional ride is to pick up the long ride on Washington Rd. by following the 25 mile ride instead of taking South Lake Drive, continue down Washington Road and follow the long ride route. This is a ride of about 29 miles.

Of course you can follow the bike path all the way to Providence and areas in between for a ride of 12 to 30 miles. If you are real adventuresome, take the path over the George Washington Bridge and explore the East Side of Providence and India Point Park.

Short Ride Ride 3 (17.5 Miles)

Start on bike path (North)
Continue to Warren
Left onto Campbell St
Right onto Water Street
Left onto Main St (Rte 113/103)
Over the first bridge (Warren River)
Main Street becomes County Rd (Barrington)
Right onto Sowans Road
Right onto Barneyville Rd.
Left onto Warren Ave
Left onto New Meadow Rd.
Left onto County Rd. (Barrington)
Over bridge (Warren River)
Continue onto Main Street (Warren)
Right onto Water Street
Left onto Campbell Street
Right onto bike path
Continue on bike path to Bristol
Right onto Asylum Road
Bear left into Colt State Park
Follow arrows around Colt Park
Right onto Colt Drive (Gate may be closed
but go around end)
Continue on Colt Drive
Left onto Poppasquash
Follow Poppasquash around to bike path
Right onto bike path
Continue on bike path to Independence Park