



HELMETS  
SAVE LIVES

**"WINTER WONDERFUL RIDE"**

CUMBERLAND & SOUTH ATTLEBORO

12  
& 20 mile rides

**START:**

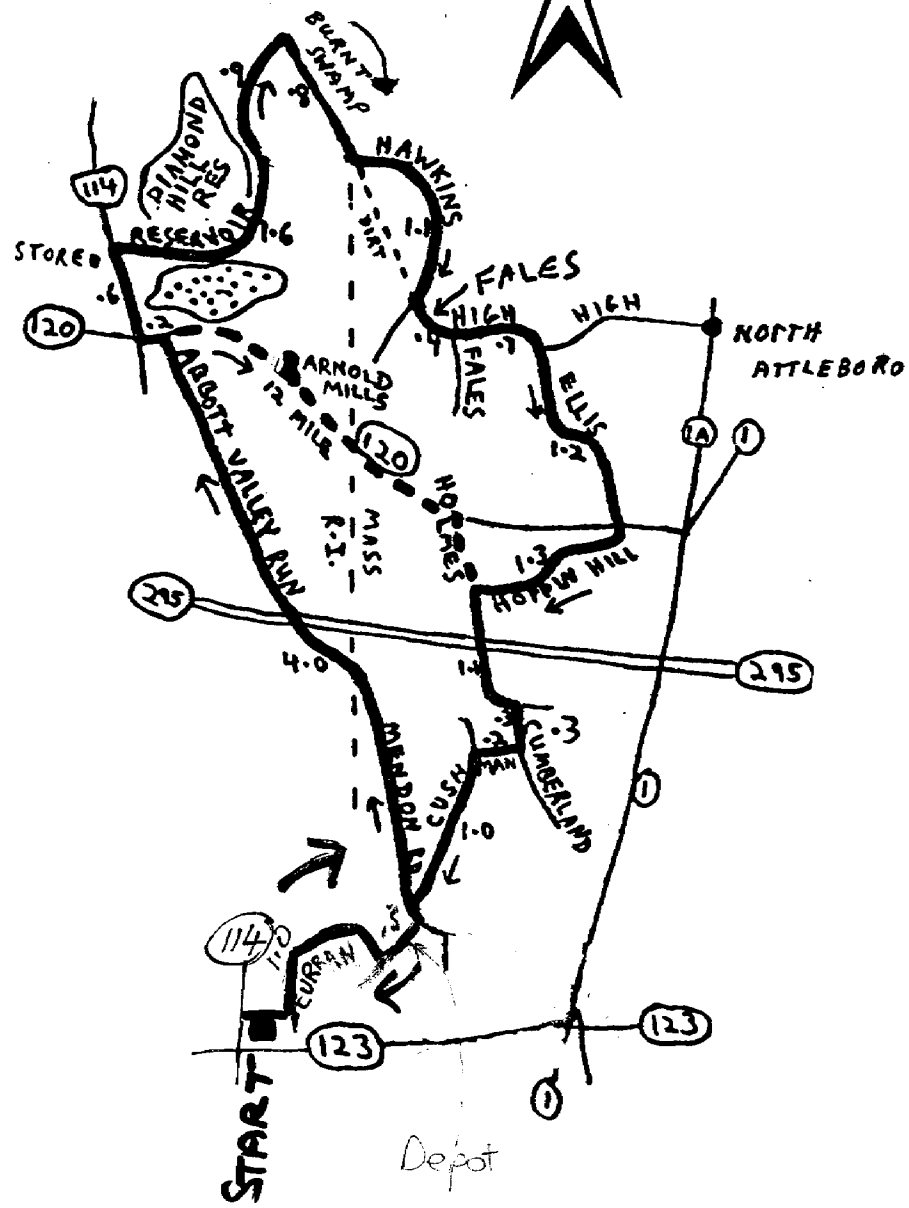
Cumberland Middle School, Highland Ave  
12 miles: right at the end of Abbott Valley Run

20 miles: left at the end of Abbott Valley Run

**SCENIC NOTES**

This ride is a winter version of our popular 50 miler that is run in the spring. It is a gently rolling ride with a climb up into the reservoir. The short ride goes through the village of Arnold Mills. Note the waterfall on the side of the mill which ones drove the sawmills and the wheat/corn grinding wheels. (It is probably frozen at this time of the year.) The lower ride goes around the reservoir which supplies area with water. The ride homeward passes by many of the farms remaining in the Attleboro area.

INTERESTED IN JOINING THE NBW?  
Send a stamped, self-addressed envelope to:  
NBW, PO Box 41177, Providence, RI 02940  
or  
check our website: [www.nbwclub.org](http://www.nbwclub.org)  
for an application



**HELMETS ARE REQUIRED TO  
PREVENT SERIOUS HEAD INJURIES**