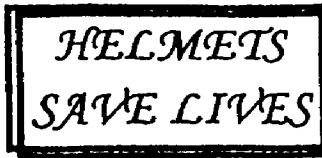


NARRAGANSETT BAY WHEELMEN #42 Rev. 12/05
THE JONNYCAKE RIDE
 Kingston-Usquepaugh-Shannock
 15 - 25 miles



START: Univ of Rhode Island, Rt 138, Kingston, RI
 Use parking lot at end of W Independence Way (enter between the Hall of Fame and brick building on Rt 138).

15 miles: Left at end of Beaver River Rd
 25 miles: Right at end of Beaver River Rd

SCENIC NOTES:
 This ride weaves along the rural countryside of RI's south county. Kenyon's Grist Mill in Usquepaugh grinds the famous Jonnycake corn meal. The mill was built in 1886 and is still in operation today – see their website www.kenyonsgristmill.com for recipes for RI favorites. Ride past turf farms, farmhouses and woodlands along the route and look for the monument after Beaver River Rd that marks the site of the 1676 Great Swamp fight/massacre between Colonialists and the Narragansett tribe during King Philip's War. Ride through the village of Shannock and by the Pawcatuck Dam, ending with a spin past Worden's Pond.

INTERESTED IN JOINING THE NBW?
 Application forms online at: nbwclub.org
 Or write to: NBW, PO Box 41177, Providence, RI 02940-1177

HELMETS ARE REQUIRED ON NBW RIDES

