

NBW RIDE SCHEDULE

Last minute changes are announced via our website - nbwclub.org - and our email list - <http://groups.yahoo.com/group/nbwclub/>. Informal mid-week rides are also organized via the email list.

August 5, 2018	Miles Standish State Forest	23/50 miles
Sunday	9:00 AM	Map No. 57 Arrower: R Edgren
<i>Route</i>	Wareham-Marion-Carver-Plymouth	
<i>Directions</i>	START: Town Hall/High School complex, Wareham, MA. Take 195 E to exit 21 (Rt. 28, Wareham). Bear right off ramp onto Rt 28 S. Bear right at lights (Tremont St, becomes Main St). Turn right onto Gibbs. Bear LEFT at fork onto High St. Right at lights (Rt. 6), go 1/10 mile to top of rise. Left into parking lot before Wareham Town Hall. If you miss the turn, take the next left, marked Middle & High Schools. Overflow parking, if needed, is in lot west of Middle School.	
<i>Drive Time</i>	45 minutes from Providence	
<i>Description</i>	This easy ride heads south to the waterfront town of Marion on Buzzards Bay, before turning north through cranberry bog country to Miles Standish State Forest. Long ride goes through the forest to Plymouth and the other shore. 23 miler doesn't go through the forest, but it skims close by, and you can add a couple of miles if you want to detour and check out the pond. The old route used the old bike path in the forest, which we eliminated, but left it on the map in case you really want to go off road.	
	July and August rides start at 9:00 AM	

August 12, 2018	Hope Valley Ride	18/28/40/56 miles
Sunday	9:00 AM	Map No. 156 Arrower:
<i>Route</i>	Hope Valley-Charlestown-Richmond	
<i>Directions</i>	Start at the Stop & Shop Plaza, Rt 138, Richmond, RI. Take I-95 South to Exit 3-A; go left at the exit and left into the plaza parking lot. Please park well away from the stores. (Note: This lot is just on the other side of Rt. 95 from our old start in the Chariho Plaza, which we have been told not to use.)	
<i>Drive Time</i>	40 minutes from Providence	
<i>Description</i>	This popular ride was created by Tina Williams to include many of our favorite roads in this area. The basic ride is a scenic 18 mile loop, with the possibility of taking 3 extra loops. Choose 1, 2 or all 3 loops. Loop #3's return along Rt. 3 is one of RI's best downhills. This ride was formerly called the Hope Valley Extra, but we took out the challenging "hero" loop, so there is no extra this year. (For the truly brave, the "Hero Loop" of 68 miles is available on the NBW club section of Ride With GPS.)	
	July and August rides start at 9:00 AM	

August 19, 2018	Diamond Hill One	16/32/48 miles
Sunday	9:00 AM	Map No. 129 Arrower: R Breault
<i>Route</i>	Cumberland, Wrentham, Franklin, Norfolk, Medfield, MA	
<i>Directions</i>	Start at Mercymount Country Day School 35 Wrentham Rd., Cumberland, RI. (Access is via Fisher Rd) Directions: From Providence, take Rt 146 North, to Rt I-295 North. Take Exit #22, Rt. 114, Cumberland. At the end of the ramp, turn left onto Rt. 114 North (Diamond Hill Rd). Follow Diamond Hill Rd north, going straight through the first set of lights (Nate Whipple Highway). After 1.7 miles, bear right onto Rte 121 (Wrentham Rd.). Turn right onto Fisher Rd. Entrance to the school is on your left.	
<i>Drive Time</i>	30 minutes from Providence	
<i>Description</i>	This ride travels north from Diamond Hill. The terrain is rolling-to-hilly as we pass by old farms in Wrentham on our way to Franklin. The long ride features a section of Medfield that is noteworthy for its beautiful houses.	
	July and August rides start at 9:00 AM	

August 26, 2018

Providence Bicycle Ride

11/35/58 miles

Sunday 9:00 AM *Map No. 32* *Arrover: B Rodriguez*

Route Providence-Smithfield-Glocester-N Scituate-Greenville

Directions Start at Providence Bicycle, 725 Branch Ave, Providence RI. From I-95 South: Take Exit 24 (Branch Ave). Turn right onto Branch Ave. Providence Bicycle is 1 mile down Branch Ave. From I-95 North: Take 146 North to Branch Ave exit, turn left onto Branch Ave. Providence Bicycle is on the right, in a red brick converted mill, directly across the street from Dunkin Donuts. Don't park in the shop parking lot! Go past their entrance and turn right at the far end of the mill into the large parking lot. Overflow parking in the shopping center on the other side of Branch Ave, next to Rt 146 exits.

Drive Time 10 minutes from Providence

Description Sponsored by Providence Bicycle, this challenging ride soon leaves the city behind, heading north west. The 58 mile loop goes through Lincoln and North Scituate, crossing the Scituate Reservoir before returning through Greenville. 11 milers turn off in Lincoln to return through North Providence. 35 milers turn south in Smithfield. One of our favorite riding areas, with a new look!

Providence Bicycle invite riders to stop by the shop after the ride to check out their latest gear.

July and August rides start at 9:00 AM

September 2, 2018

♥ Seekonk Southern Ride

16/29/52 miles

Sunday 10:00 AM *Map No. 89* *Arrover:*

Route Seekonk, Rehoboth, Somerset

Directions Start at Seekonk High School, 261 Arcade Avenue between Rts 44 and 152 in Seekonk, MA. Take 195E to Exit 1 (in MA) and bear left off exit onto Rt. 114A. Go past the ShowCase Cinemas, past the traffic light, and stay to the right at the fork onto Arcade Ave. Go straight through the next light and the school is about 1 mile up on your left.

Drive Time 10 minutes

Description This easy ride passes by the remaining farms of Seekonk, Rehoboth, Dighton and Somerset. Ride extended by Bob Paiva .

September 9, 2018

****TFCE**

Sunday *Map No.* *Arrover: TFCE crew*

Route

Directions

Drive Time

Description This annual ride is for PRE-REGISTERED riders only.

September 16, 2018

Ray Young's Ride

12/19/23/33/55

Sunday 10:00 AM *Map No. 120* *Arrover:*

Route Greenville, Chepachet, Pascoag

Directions The ride will start from the back of the Anna McCabe Elementary School, 100 Pleasant View Ave (Rt 116), Smithfield RI - on the track side. Please do not park all the way down the parking lot by the High School and Baseball Fields. Directions: Rt I-295 N to Rt 44 W, turn Right on Rt. 5 and continue 1 mile North on Rt 5 (Cedar Swamp Rd), then sharp left onto Rt 116 (Pleasant View Av), then enter right at the 2nd entrance for the school complex.

Drive Time 20 minutes from Providence

Description This ride, and Ray Young, are so famous that the ride is written up in Howard Stone's book, "Short Bike Rides in Rhode Island." It's a scenic, rolling ride, with plenty of apple orchards and farmland.

September 23, 2018 **Taunton-Sharon Tour** 21/29/49 miles

Sunday 10:00 AM *Map No.* 92 *Arrower:* J Swyers

Route Taunton, Norton, Mansfield, Foxboro, Sharon, Easton

Directions Start at BJ's Shopping Center, 2085 Bay Rd, Taunton MA. Just off Rt. 495, Exit 9. At 2nd light, turn left into lot. Please park away from the shops.

Drive Time 40 minutes from Providence

Description This is a flat, easy ride along Massapoag and Winneconnet Ponds with some nice stretches of the remaining farmland in Easton and Norton. Formerly called the Sharon Tour.

September 30, 2018 ♥ **Mattapoisett Ride** 14/31/49 miles

Sunday 10:00 AM *Map No.* 52 *Arrower:* D Robillard/M Miller

Route Mattapoisett, Rochester

Directions Start at the Commuters' Parking Lot, North St, Mattapoisett, MA - off I-195 at the Mattapoisett exit (Exit 19A in MA). Turn right off the exit, and the parking lot is about 1/8 mile on the right. **IMPORTANT:** We fill this lot early, and have problems with the local police unless we park respectfully. If commuter lot is full, use Industrial Rd just a few yards back towards the I-195 exit (turn left out of commuter lot, go back towards I-195 and it's on your right). Do NOT park on street or sidewalks and do NOT NOT park in the coffee shop across the street from the commuter lot (you know this is a NO NO to park in the little coffee shop lot, so don't do it, please).

Drive Time 40 minutes

Description This easy ride travels past Mattapoisett Harbor, numerous cranberry bogs and cedar-shingle cottages, and through plenty of woods. Also, this ride seems to follow Canada Geese routes for those who look up from their handlebars.

October 7, 2018 ♥ **Cape Caper Ride** 24/40/62 miles

Sunday 10:00 AM *Map No.* 130 *Arrower:* R Edgren

Route Bourne, Falmouth, Woods Hole

Directions Start from Bourne High School, 75 Waterhouse Rd, Bourne, MA. Take I-195 E to I-25E. Cross the Bourne Bridge to the rotary on the Cape side. Go right at the rotary onto Towbridge Rd. After 3/4 mile, make a sharp left onto Waterhouse Rd (you passed the back of the school on Towbridge). The school's main entrance is on the left.

Drive Time 50 minutes from Providence

Description Explore the Cape on quiet back roads. We'll follow the Buzzard's Bay shore to Woods Hole, then on to Falmouth, heading back past ponds and pine woods, finishing with a run along the Cape Cod Canal. We schedule this ride to avoid heavy summer Cape traffic but still get some great fall riding weather. The long ride crosses railroad tracks several times - take care on the acute-angled crossings. Routes have been updated by Ed Foster, our Cape Cod representative. For those who don't want to cross the boardwalk in Sandwich, a GPS route can be downloaded from the club account at Ride With GPS

♥ Beginners will love these rides! * Holiday Show'n Go ** Special Event